
BBC LEARNING ENGLISH

The English We Speak

Hangry



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This is not a word-for-word transcript

Feifei

Hello and welcome to The English We Speak. I'm Feifei and joining me is Sian.

Sian

Hi everyone.

Feifei

Are you OK Sian?

Sian

Yes, of course I am! Can we just get on with the programme?!

Feifei

Um Sian, have you had your breakfast today?

Sian

No I haven't... I overslept and then the bus was late and, uh, it's just not been a good day so far!

Feifei

Hmmm, maybe we should do the programme once you've eaten something. Here have this chocolate bar.

Sian

Oh sorry, I know I'm a bit hangry this morning. I do tend to get moody when I don't eat. My husband's always complaining about it!

Feifei

Hangry? Don't you mean 'angry'?

Sian

No, 'hangry'. 'Hangry' describes someone who is angry – or irritable – as a result of being hungry. Like me today – I'm feeling a bit annoyed because I haven't eaten breakfast!

Feifei

You certainly are! So 'hangry' is a combination of 'angry' and 'hungry'?

Sian

Yes, that's right. Let's hear a few examples.

Examples

A: This food is taking forever to arrive. I'm not coming to this restaurant again.

B: Oh dear, someone's getting hangry! Let's get you some food quickly!

My boyfriend is a nightmare whenever he misses a meal; he gets so hangry!

People tend to get a bit hangry when their blood sugar level drops.

Feifei

Interesting. You wouldn't catch me getting 'hangry' though, I'm always very chilled.

Sian

Is that right Feifei? You know, I'm feeling much happier after eating that chocolate bar. Shall we do the programme again? I feel ready now.

Feifei

No! come on that will do. I'm starving!

Sian

Oh dear, it seems like you're a bit hangry too Feifei! Let's get you to the cafe now.

Feifei

Good idea! Let's go.